

**Invitation**  
**FJÄLLTOPPHELGEN 21 – 23 april 2023**

**21/4 100 METER SPRINT**

Friday Skate Technique	Women & Men 17-18	100 meter
	Women & Men 19-	100 meter

Bruksvallarna Nordic Ski Arena  
First start 10.30  
Finals: Knock-out-sprint

**22/4 FJÄLLTOPPLOPPET**

Saturday Skate Technique	Junior Women & Men	31 km
	Senior Women & Men	35 km

Bruksvallarna Nordic Ski Arena  
First start 11.00  
FIS-license required to participate.

**22/4 LILLA FJÄLLTOPPLOPPET**

Saturday Skate Technique

Bruksvallarna Nordic Ski Arena  
First start 09.00

<u>Age</u>	<u>Distance</u>		
Men 10	2,4 km		
Men 9	2,4 km		
Women 10	2,4 km		
Women 9	2,4 km		
Men 12	2,9 km		
Men 11	2,9 km		
Women 12	2,9 km		
Women 11	2,9 km		
Men 14	4,2 km		
Men 13	4,2 km		
Women 14	4,2 km		
Women 13	4,2 km		
Men 16	6,0 km		
Men 15	6,0 km		
Women 16	6,0 km		
Women 15	6,0 km		
Kids 0-8	800 meter	No timing	<b>FIRST START 11.45</b>

**23/4 KNALLCROSSEN**

Sunday Skate Technique

Downhill and ski-cross

Bruksvallarna Nordic Ski Arena

First start 09.00

Downhill at cross country skis as a prologue, mandatory helmet. The first 10 (5 junior/senior) qualify for a ski-cross.

**Entries:** [funasdalens.if@telia.com](mailto:funasdalens.if@telia.com) with name, class and FIS licens number

Deadline entries: Tuesday, 18 april

FIS licens mandatory saturday for junior/senior

Entries 0-16 year >> [fjalltopploppet.se/anmalan](http://fjalltopploppet.se/anmalan)

<b>Start fee:</b>	100 meter Sprint	275 SEK
	Fjälltopploppet junior and seniors	350 SEK
	Fjälltopploppet 9-16 year	220 SEK
	Fjälltopploppet 0-8 år	100 SEK
	Knallcrossen	220 SEK

Foreign competitors use borrowed chip.

Payment when bib distribution

**Race Office:** House behind Stigmyhrs Livs

**Price giving ceremony:** Directly after the race, Bruksvallarna Nordic Ski Arena.

**Accommodation:** Funäsdalens Tourist office, +46 684 155 80

**Waxing facilities:** Janne Wagenius +4670-357 19 00

**Cross Country Pass:** Included Thursday-Sunday

**Rules:** FIS ICR. Participation at your own risk.

**Information:** Funäsdalens IF +46768074199, [funasdalens.if@telia.com](mailto:funasdalens.if@telia.com)  
[www.fjalltopploppet.se](http://www.fjalltopploppet.se)

Chief of competition: Mikaela Sundbaum +46(0)73-040 62 00

Race Office: Cristina Persson +46(0)76-807 41 99

**WELCOME to Bruksvallarna!**