



## Program 100 M SUPERSPRINT 21 APRIL 2023

<b>Race office:</b>	Building behind Stigmyhrs Livs
<b>Arena:</b>	Nordic Ski Arena Bruksvallarna
<b>Bibs:</b>	Bibs will be received at Race Office from 08.30 Note! Athletes who qualify pick up new bibs at Race Office
<b>TCM:</b>	Friday 21/4 kl.09.30 <b>Place:</b> Nordic Ski Arena, finish area
<b>Technique:</b>	Free Technique
<b>Race course:</b>	100 meter
<b>First start:</b>	Prologue 10.30.
<b>Finals:</b>	Finals start 12.00. Time schedule will be posted at Race office and start
<b>Ski test/warm up:</b>	Warm up course
<b>Age groups:</b>	W/M 17-18 and W/M 19-
<b>Start:</b>	FIS-ranking sprint
<b>Race format:</b>	Prologue with 20 sek interval. Top 32 to finals Finals with knockout sprint Heats according to Swedish Ski Associations Knockout sprint. No B-final.
<b>Corridors final:</b>	The athlete with best time in prologue choice corridor
<b>Timing:</b>	Foreign competitors use borrowed transponders
<b>Late entries:</b>	If spots left latest friday 21/4 07.30
<b>Price ceremony:</b>	Finish area right after finals
<b>Prices:</b>	W/M 17-18 1:st 3.000 SEK, 2:nd 1.500 SEK. W/M 19- 1:st 5.000 SEK and a watch from Sjöo Sandström worth 15 000 SEK, 2:nd 2.000 SEK.



**Cross country ski pass:** Included Thursday-Sunday

**Shower Facilities** Hotel Bruksvallsliden

**Medical Staff:** Medical staff will be at the race area. If needed please call +4670-628 99 79

<b>OC:</b>	Chief of Competition	Mikaela Sundbaum	+4673-040 62 00
	Chief of Comp. ass	Sandra Landén	+4670-679 17 67
	Race office:	Henrik Nylund	+4676-883 64 32
	Chief of course:	Lars Sundmark	+4670-513 59 24
	Time keeping:	Alfred Andersson	+4670-674 07 51

**Jury:** Erik Björelind, Gudrun Ekblom, Mikaela Sundbaum

**Rules:** Rules of Swedish Ski Association. Participate at your own risk.



**SJS**  
**SJÖÖ SANDSTRÖM**  
STOCKHOLM