



Program FJÄLLTOPPLOPPET 22 APRIL 2023

- Race office:** Building behind Stigmyhrs Livs
- Arena:** Nordic Ski Arena Bruksvallarna
- Bibs:** Bibs will be received at Race Office from 07.00 saturday
- TCM:** Online Friday 21/4 kl.17.00 [Use this link >](#)
- Technique:** Free Technique
- Format:** Mass start. No seeding.

Start times:

<u>Age</u>	<u>Distance</u>	<u>Start time</u>	
Men 10	2,4 km	09.00	
Men 9	2,4 km	09.05	
Women 10	2,4 km	09.10	
Women 9	2,4 km	09.15	
Men 12	2,9 km	09.25	
Men 11	2,9 km	09.30	
Women 12	2,9 km	09.35	
Women 11	2,9 km	09.40	
Men 14	4,2 km	09.50	
Men 13	4,2 km	09.55	
Women 14	4,2 km	10.00	
Women 13	4,2 km	10.05	
Men 16	6,0 km	10.15	1/3 get price
Men 15	6,0 km	10.20	1/3 get price
Women 16	6,0 km	10.25	1/3 get price
Women 15	6,0 km	10.30	1/3 get price
Kids 0-8 M	800 meter	11.45	No timing
Kids 0-8 W	800 meter	11.50	No timing

Kids 0-8 years old start during 3 minutes. Prices at finish.

- Ski test/warm up:** Warm up course.
- Timing:** Foreign competitors use borrowed transponders
- Late entries:** If spots left latest saturday 22/4 08.30 at Race office
- Clothes:** Athletes care for their own clothes
- Shower Facilities** Hotel Bruksvallsliden
- Huvudsponsor:**



Medical Staff: Medical staff will be at the race area. If needed please call +4670-679 55 19

Price ceremony: Finish area 14.15 a clock

OC:

Chief of Competition	Mikaela Sundbaum	+4673-040 62 00
Chief of Comp. ass	Sigyn Janskog	+4670-679 17 67
Race office:	Henrik Nylund	+4676-883 64 32
Chief of course	Mats Eriksson	+4670-558 38 45
Chief of Stadium	Lars Sundmark	+4670-513 59 24
Time keeping:	Alfred Andersson	+4670-674 07 51

Rules: Rules of Swedish Ski Association. Participate at your own risk.

Huvudsponsor:

