



Fjälltopphelgen

21-23 april 2023

Team Captain's meeting
100 m SPRINT

BRUKSVALLARNA 2023-04-21



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Agenda



- Introduction of the OC
- Event Program
- Timetable
- Start order
- Startlist and bibs
- Course Preparation and Grooming
- Ski test and warm up
- Information from the OC



Introduction of the OC



OC:

- Chief of competition: Mikaela Sundbaum
- Chief of comp. ass: Sandra Landén
- Competition Secretary: Henrik Nylund
- Chief of Course: Lars Sundmark
- Chief of timekeeping: Alfred Andersson

Jury: Erik Björelind, Gudrun Ekblom, Mikaela Sundbaum



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Event Program



Friday 21/4, free technique

100 m

Men/Women 17/18

Men/Women 19-

Saturday 22/4, free technique

Lilla Fjälltopploppet 0-16 years old

31 km M 19-20, M 17-18

31 km W 19-20, W 17-18

35 km W/M 21

Sunday 23/4, free technique

Knallcrossen down-hill race



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Timetable Friday



8.30 Race office open building behind Stigmyhrs

10.30 Prologue - W/M 17-18, W/M 19-

12.05 Knock-out Sprint

Prize ceremony direct after the race at finish



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Start order

Prologue

Start order after FIS-ranking sprint

W 17-18

M 17-18

W 19-

M 19-

Schedule Knock-out sprint

No B-finals





NOTE!
All head to head
heats are running
even if there is no
opponent.



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Start



Any competitor who causes a False Start will be sanctioned by a written reprimand. Following the first False Start in a heat, any competitor who causes a subsequent False Start in the same heat will be required to with-draw from the competition.

Competitors who receive a second written reprimand in the same day will be automatically disqualified.

Written reprimands given during the season are not valid here.



Startlist and bibs



Startlists available on website

www.fjalltopploppet.se and at Race Office

Bibs will be received at the Race Office from 08:30.

Bibs for qualified athletes at Race Office



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Course



100 meter

Prologue in one corridor

The athlete with best time in prologue choice corridor

Course is salted



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Ski test and warm up



Bruksvallarna Nordic Ski Arena

Salted area before the uphill on stadium



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General information from the OC



Broadcasting on webb

www.fjalltopploppet.se



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Thank you and good luck!



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