



Fjälltopphelgen

21-23 april 2023

Team Captain's meeting
FJÄLLTOPPLOPPET



BRUKSVALLARNA 2023-04-21



Agenda



- Introduction of the OC and the Jury
- Event Program
- Timetable
- Weather Forecast
- Stadium
- Courses
- Ski test and warm up
- Course Preparation and Grooming
- Information from the TD
- Information from the OC



Introduction of the OC and the Jury



OC:

- Chief of competition: Mikaela Sundbaum
- Chief of comp. A: Sigyn Jangskog
- Competition Secretary: Henrik Nylund
- Chief of Course: Jens Wilhelmsson, Mats Eriksson
- Chief of stadium: Lars Sundmark
- Timekeeping: Elite Timing

JURY:

- TD: Erik Björelind
- TD Assistant: Gudrun Ekblom
- Chief of competition: Mikaela Sundbaum



Event Program



Friday 21/4, free technique

100 m

Women/Men 17/18

Women/Men 19-

Saturday 22/4, free technique

Lilla Fjälltopploppet 0-16 years old

31 km M 19-20, M 17-18

31 km W 19-20, W 17-18

35 km W/M 21

Sunday 23/4, free technique

Knallcrossen down-hill race



Timetable saturday



17.00	FRIDAY, the courses are closed.
07.00 -	Race office open
08.00 -	Course open for warm up.
09.00	The ski stadium is closed. Kids event start.
11.00	M 19-20 31 km
11.05	M 17-18 31 km
11.10	W 19-20 31 km
11.15	W 17-18 31 km
11.20	M 21 35 km
11.25	W 21 35 km
14:15	Scholarships
~ 15.00	Prize giving ceremony
16.00	Test of Knallcrossen

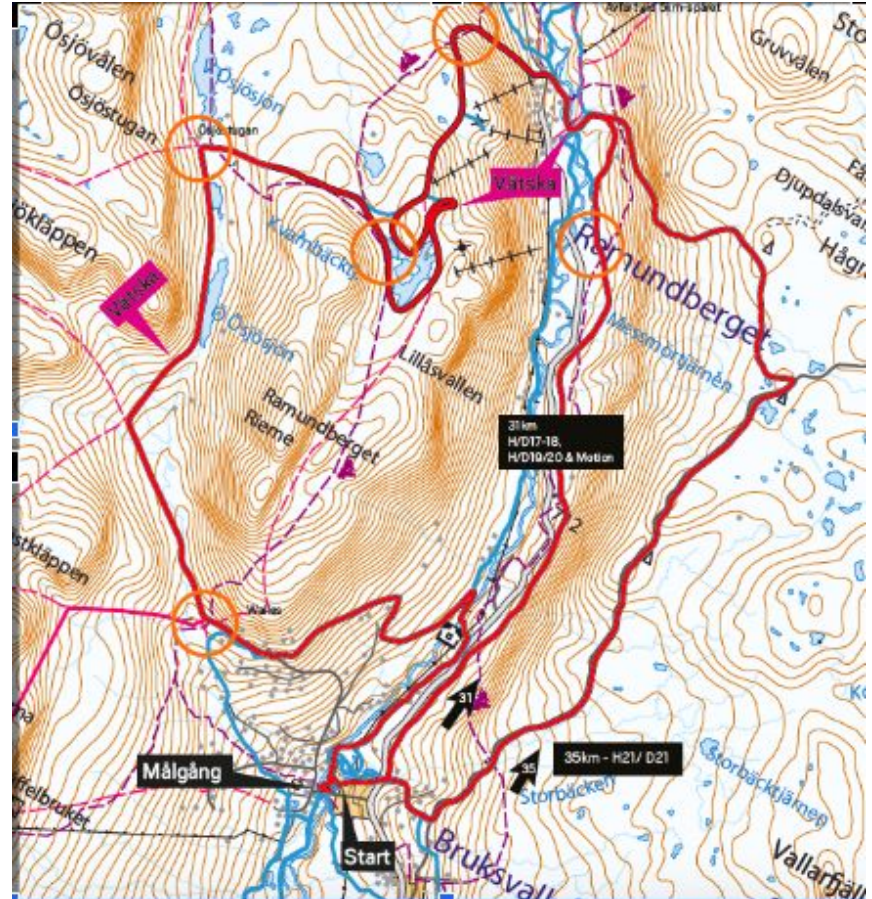


Course



Feeding

Ski stadium before finish



Course



Juniors Men & Women - Course length 31 km

Seniors Men & Women - Course length 35 km

Note! Course may change due to flood caused by warm weather.

Last decision of jury saturday morning 09.00.

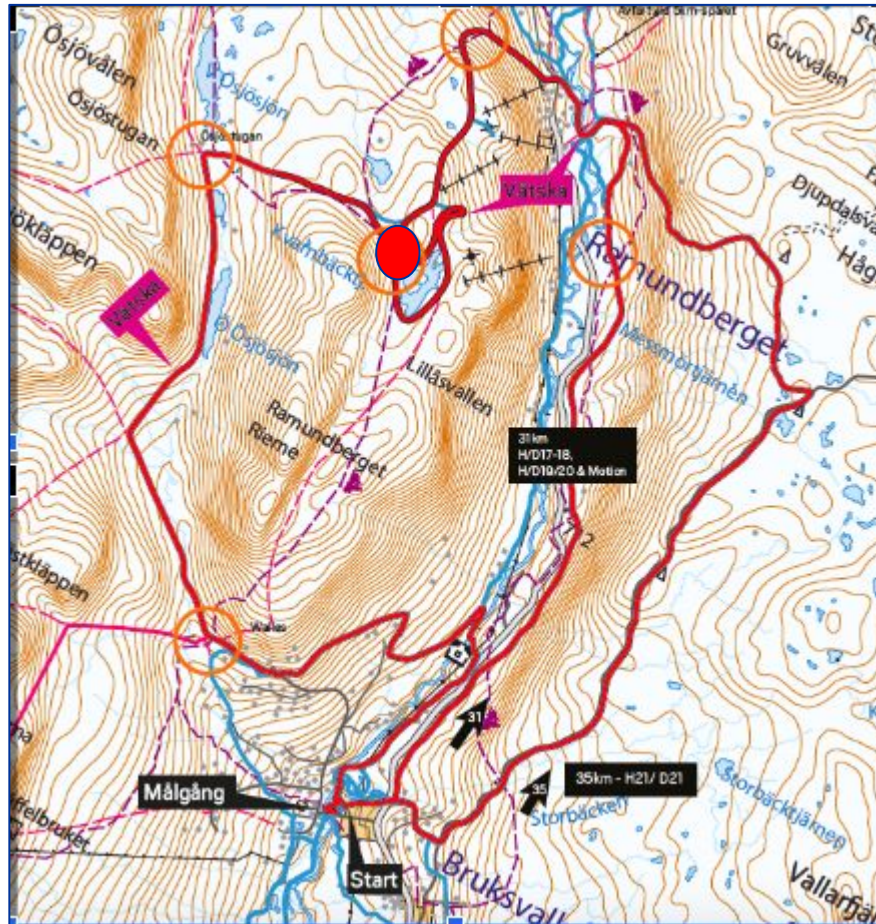
Information on: fjalltopploppt.se



Bonus Sprint, W/M 17-18, W/M 19-20, W/M21



 **Bonus Sprint**



Weather forecast



Tid	Väder	Nederbörd mm	Vind m/s (byvind)	Känns som °C	Luftfuktighet %	Lufttryck hPa	Sikt km
00	☾ 1°	0,0	N ↓ 1 (4)	1°	79	1020	10 - 20
01	☾ 1°	0,0	NO ↙ 1 (3)	1°	80	1019	10 - 20
02	☾ 0°	0,0	NO ↙ 1 (3)	0°	81	1019	10 - 20
03	☾ 0°	0,0	NO ↙ 1 (3)	0°	82	1018	10 - 20
04	☾ -1°	0,0	NO ↙ 1 (3)	-1°	82	1017	10 - 20
05	☾ -1°	0,0	NO ↙ 1 (3)	-1°	81	1016	10 - 20
06	☀ -1°	0,0	NO ↙ 1 (3)	-1°	80	1016	10 - 20
07	☀ 0°	0,0	NO ↙ 1 (3)	0°	78	1016	10 - 20
08	☀ 3°	0,0	NO ↙ 1 (3)	3°	73	1015	20 - 50
09	☀ 4°	0,0	NV ↘ 2 (4)	3°	69	1015	20 - 50
10	☀ 5°	0,0	NV ↘ 4 (8)	2°	66	1015	20 - 50
11	☀ 6°	0,0	NV ↘ 4 (9)	3°	65	1015	20 - 50
12	☀ 6°	0,0	NV ↘ 4 (9)	3°	64	1015	20 - 50
13	☀ 6°	0,0	NV ↘ 4 (9)	3°	66	1014	20 - 50
14	☀ 6°	0,0	NV ↘ 3 (9)	4°	70	1015	20 - 50



Course Preparation and Grooming



Natural snow

(Artificial snow in the bottom at the ski stadium)

Grooming starts 18.00 with Pisten Bully

No skiing on race course after 17.00 Friday



Starting order and stadium layout



Start

- Masstart
- Line up after FIS-ranking, 15 people on each line
- No tracks at the start. 30 meter of double poling
- Music count down

Finish

- 3 lanes to finish



Ski test and warm up



Ski test and warm up allowed at competition course from 08.00

Only testing and warm up in competition direction.

“Lilla Fjälltopploppet”, a kids race underway

The Ski stadium is closed from 09.00.



Start list and bibs



Personal transponders.

Transponders on the bib for those who don't have personal transponders.

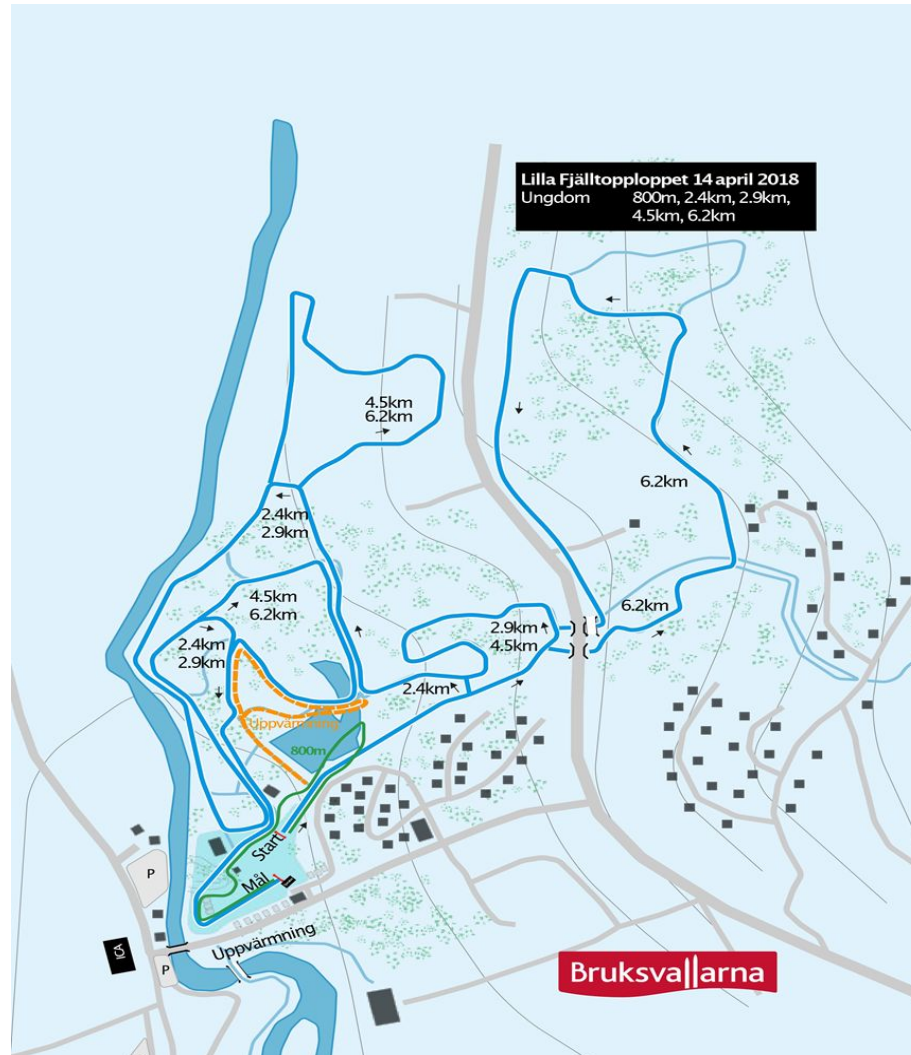
Bibs will be received at the race office from 07.00 Saturday morning.

Startlists available on website

www.fjalltopploppet.se and at Race office.



Lilla Fjälltopploppet



General information from the TD



343.9 Obstruction rule

343.10.2 Process of passing

Be careful with each others poles



General information from the OC



Broadcasting fjalltopploppet.se





Thank you and good luck!

