



Fjälltopphelgen

19-21 april 2024

Team Captain's meeting
FJÄLLTOPPLOPPET



BRUKSVALLARNA 2024-04-19



Agenda



- Introduction of the OC and the Jury
- Event Program
- Timetable
- Weather Forecast
- Stadium
- Courses
- Ski test and warm up
- Course Preparation and Grooming
- Information from the TD
- Information from the OC



Introduction of the OC and the Jury



OC:

- Chief of competition: Mikaela Sundbaum
- Chief of comp. A: Sigyn Jangskog
- Competition Secretary: Cristina Persson
- Chief of Course: Jens Wilhelmsson, Mats Eriksson
- Chief of stadium: Lars Sundmark
- Timekeeping: Elite Timing

JURY:

- TD: Robert
Erixon
- TD Assistant: Gudrun Ekblom
- Chief of competition: Mikaela Sundbaum



Event Program



Friday 19/4, free technique

100 m

Women/Men

Saturday 20/4, free technique

Lilla Fjälltopploppet 0-16 years old

31 km M 19-20, M 17-18

31 km W 19-20, W 17-18

35 km W/M 21

Sunday 21/4, free technique

Knallcrossen down-hill race



Timetable saturday



18.00 **FRIDAY, the courses are closed.**

07.00 - Race office open

08.00 - Course open for warm up.

09.00 The ski stadium is closed.

Kids event start.

11.00 M 19-20 31 km

11.05 M 17-18 31 km

11.10 W 19-20 31 km

11.15 W 17-18 31 km

11.20 M 21 35 km

11.25 W 21 35 km

14:15 Scholarships

~ 15.00 Prize giving ceremony

16.00 Test of Knallcrossen



Weather forecast



Tid	Väder	Nederbörd mm	Vind m/s (byvind)	Känns som °C	Luftfuktighet %	Lufttryck hPa	Sikt km
00	☾ -9°	0,0	N ↓ 2 (3)	-13°	71	1013	20 - 50
01	☾ -9°	0,0	N ↓ 2 (4)	-14°	71	1013	20 - 50
02	☾ -10°	0,0	N ↓ 2 (4)	-15°	72	1013	20 - 50
03	☾ -10°	0,0	N ↓ 2 (4)	-15°	74	1014	20 - 50
04	☾ -11°	0,0	N ↓ 2 (4)	-16°	74	1014	20 - 50
05	☾ -11°	0,0	N ↓ 2 (4)	-16°	76	1014	>50
06	☀ -11°	0,0	N ↓ 2 (4)	-16°	79	1015	>50
07	☀ -10°	0,0	N ↓ 2 (4)	-14°	78	1015	20 - 50
08	☀ -8°	0,0	N ↓ 2 (3)	-11°	78	1016	20 - 50
09	☀ -5°	0,0	N ↓ 2 (4)	-8°	71	1016	>50
10	☀ -3°	0,0	N ↓ 3 (6)	-7°	60	1016	>50
11	☀ -2°	0,0	N ↓ 3 (7)	-7°	58	1017	20 - 50
12	☀ -2°	0,0	N ↓ 4 (8)	-6°	57	1017	>50
13	☀☁ -1°	0,0	N ↓ 5 (10)	-7°	56	1018	20 - 50
14	☀☁ -1°	0,0	N ↓ 6 (11)	-7°	55	1019	20 - 50
15	☁ -1°	0,0	N ↓ 6 (12)	-7°	54	1019	20 - 50



Starting order and stadium layout



Start

- Masstart
- Line up after FIS-ranking, 15 people on each line
- No tracks at the start. 30 meter of double poling
- Music count down

Finish

- 3 lanes to finish



Start list and bibs



Personal transponders.

Transponders on the bib for those who don't have personal transponders.

Bibs will be received at the race office from 07.00 Saturday morning.

Startlists available on website

www.fjalltopploppet.se and at Race office.



Course



Feeding stations
"Vätska"

Fjällgårdsbanan
Ramundberget
- pay on site

Downhill to
Ramundberget
- be careful



Course



Juniors Men & Women - Course length 31 km

Seniors Men & Women - Course length 35 km



Bonus Sprint, W/M 17-18, W/M 19-20, W/M21



● **BONUS SPRINT**



Course Preparation and Grooming



Natural snow

(Artificial snow in the bottom at the ski stadium)

Grooming starts 18.00 with Pisten Bully

No skiing on race course after 18.00 Friday



Ski test and warm up



Ski test and warm up allowed at competition course from 08.00

Only testing and warm up in competition direction.

“Lilla Fjälltopploppet”, a kids race underway

The Ski stadium is closed from 09.00.



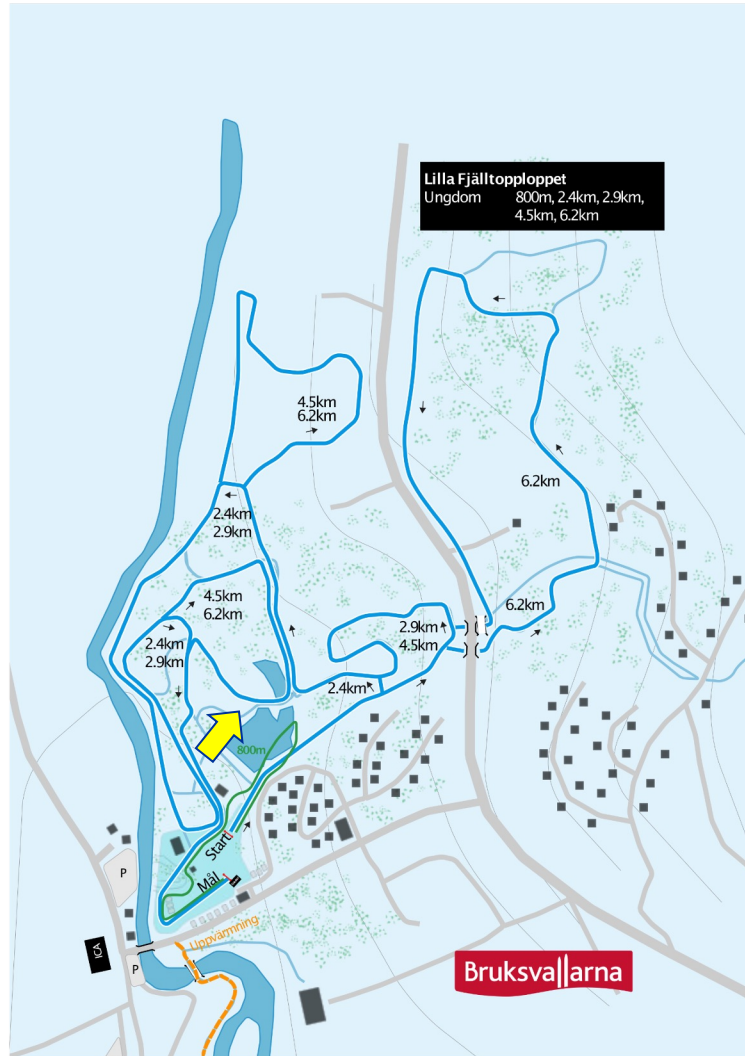
Ski test and warm up



Lilla Fjälltopploppet



SKI TEST



General information from the TD



Tight start

ICR 343.10 Passing of other competitors

Show each other respect, go hard and have fun



General information from the OC



Broadcasting fjalltopploppet.se





Thank you and good luck!

