



# Fjälltopphelgen

## 11-13 april 2025

TCM  
100 m SPRINT

BRUKSVALLARNA 2025-04-11



VITAM  
WELL

SXS  
SJÖÖ SANDSTRÖM



# Agenda



- Introduction of the OC
- Event Program
- Timetable
- Start order
- Startlist and bibs
- Course Preparation and Grooming
- Ski test and warm up
- Information from the OC



# Introduction of the OC



## OC:

- Chief of competition: Mikaela Sundbaum
- Competition Secretary: Cristina Persson
- Chief of Course: Lars Sundmark
- Chief of timekeeping: Alfred Andersson

## Jury:

Per Lindberg, Mikaela Sundbaum, Andrea Skott-Dahlgren



# Event Program



**Friday 11/4, free technique**  
**100 m**  
**Men & Women**

## **Vitamin Well Challenge**

Saturday 12/4, free technique  
Lilla Fjälltopploppet 0-16 years old  
31 km M 19-20, M 17-18  
31 km W 19-20, W 17-18  
35 km W/M 21

Sunday 13/4, free technique  
Knallcrossen down-hill race



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## Timetable Friday



8.00 Race office open building behind Stigmyhrs

**10.00 Prologue**

**12.00 Knock-out Sprint**

Prize ceremony direct after the race at finish

Vitamin Well Challenge



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## Start order

### Prologue

Start order after FIS-ranking sprint

Women

Men

### Schedule Knock-out sprint

### No B-finals

The athlete with best time in prologue choice corridor





**NOTE!**  
All head to head  
heats are running  
even if there is no  
opponent.



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## Start



Any competitor who causes a False Start will be sanctioned by a written reprimand. Following the first False Start in a heat, any competitor who causes a subsequent False Start in the same heat will be required to with-draw from the competition.

Competitors who receive a second written reprimand in the same day will be automatically disqualified.

Written reprimands given during the season are not valid here.





## Startlist and bibs



Startlists available on website

[www.fjalltopploppe.se](http://www.fjalltopploppe.se) and at Race Office

Bibs will be received at Race Office from 08:00.

Bibs for qualified athletes at Race Office



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# Course



100 meter

Prologue in one corridor



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# Ski test and warm up



Bruksvallarna Nordic Ski Arena



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## General information from the OC



Broadcasting on webb

[www.fjalltopploppe.se](http://www.fjalltopploppe.se)



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Thank you and good luck!



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