

Fjälltopphelgen

17-19 april 2026



Team Captain's Meeting 100 m SPRINT

Bruksvallarna 2026-04-17



**VITAMIN
WELL**



Agenda



- Introduction of the OC
- Event Program
- Timetable
- Start Order
- Start List and Bibs
- Course Preparation and Grooming
- Ski Test and Warm Up
- Information From the OC



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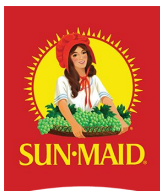
Introduction of the OC



Chief of Competition: Mikaela Sundbaum
Chief of Competition Ass: Lisa Nystedt
Competition Secretary: Cristina Persson
Chief of Course: Bosse Altinius
Chief of Timekeeping: Alfred Andersson

Jury:

Ingela Kälvedal, Mikaela Sundbaum, Gudrun Ekblom



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Event Program



Friday 17/4, free technique
100 m Men & Women
Vitamin Well Challenge

Saturday 18/4, free technique
Lilla Fjälltopploppet 0-16 years old
31 km M 19-20, M 17-18
31 km W 19-20, W 17-18
35 km W/M 21

Sunday 19/4, free technique
Knallcrossen down-hill race



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Timetable



8.00 Race office opens, building behind Stigmyhrs

10.00 Prologue

12.00 Knockout Sprint

Prize ceremony directly after the race at the finish area

Vitamin Well Challenge



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Start Order



Prologue

Start order after FIS-ranking sprint

Women

Men

Schedule Knockout sprint

No B-finals

Athlete with best time in the prologue will choose corridor



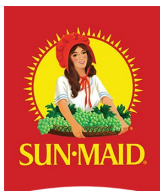
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NOTE!

All head to head heat will be run, even if there is no opponent.



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Start



Any competitor who causes a False Start will be sanctioned by a written reprimand. Following the first False Start in a heat, any competitor who causes a subsequent False Start in the same heat will be required to with-draw from the competition.

Competitors who receive a second written reprimand in the same day will be automatically disqualified.

Written reprimands given during the season are not valid here.



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Start List & Bibs



- Startlists available on website
- www.fjalltopploppet.se and at the Race Office
- Bibs will be received at the Race Office from 08:00
- Bibs for qualified athletes at Race Office



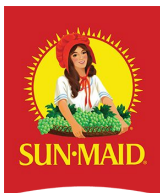
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Course



- 100 meters
- Prologue in one (1) corridor



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Ski Test and Warm Up



Bruksvallarna Nordic Ski Arena



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Thank you and good luck!



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